

# SEPTEMBER 2011 ADDISON SCHOOL DISTRICT 4 ELEMENTARY SCHOOL LUNCH MENU



Make Choices for a Healthy lifestyle!



Eat a variety of foods

Eat more fruits, vegetables & grains

Eat lower fat foods more often

Get your calcium rich foods

Be physically active

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH W/MILK \$2.50  MILK 55¢			1 Cheeseburger Seasoned Green Beans 100% Fruit Juice Punch	2 <i>Lucky Tray Day</i> Cheesy Hot Dog Mandarin Oranges <i>Win a bag of Smart Cookies</i>
5  <i>LABOR DAY</i>	6 Stuffed Pizza Sticks Garden Salad w/FF Ranch Dressing 100% Fruit Juice Punch	7 Chicken Sandwich Whole Kernel Corn Mandarin Oranges	8 2 Soft Tacos w/Taco Meat, Grated Cheddar Cheese & Lettuce Cup 100% Pineapple Orange Juice	9 <i>NATIONAL CHEESEBURGER DAY</i> Cheeseburger Baby Fresh Carrots Chilled Applesauce
12 BBQ *Rib Sandwich Whole Kernel Corn Cinnamon Applesauce Graham Crackers	13 Chicken Nuggets Whipped Potatoes 100% Apple Juice Wheat Bread	14 Creamy Macaroni & Cheese w/Wheat Roll Seasoned Green Beans Tropical Pineapple Tidbits	15 Nachos Supreme w/Taco Meat, Cheddar Cheese, Lettuce Cup & Chips 100% Apple Juice	16 French Toast Sticks w/Turkey Sausage & Syrup Sweet Pears 100% Grape Juice
19 Chicken Sandwich Whole Kernel Corn 100% Apple Cherry Juice	20 <i>NEW</i> <i>Meatball Sub</i> w/ <i>Marinara Sauce</i> Seasoned Green Beans Mandarin Oranges	21 Turkey & Gravy Dinner Whipped Potatoes Wheat Roll 100% Fruit Juice Punch	22 Mini Corn Dogs Potato Rounds Diced Peaches	23 <i>EARLY DISMISSAL</i>  <i>NO LUNCH SERVED</i>
26 Hamburger Whole Kernel Corn Chilled Applesauce	27 Chicken Sandwich Fresh Baby Carrot Sticks w/FF Ranch Dressing 100% Fruit Juice Punch	28 Pasta w/Meat Sauce Bread Garden Salad w/FF Ranch Dressing Sweet Pears	29 Salisbury Steak w/Whipped Potatoes & Gravy 100% Pineapple Orange Juice	30 *Pepperoni Pizza 100% Apple Juice Diced Peaches

VITAMIN D MILK

Questions about the menu?

Call 630-458-2457

A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.

**PLEASE NOTE**

Menu changes may be necessary. Notice will be given when possible.  
Milk served daily. \*Contains pork

