

# SEPTEMBER 2011 ADDISON SCHOOL DISTRICT 4 BREAKFAST MENU



Make Choices for a Healthy lifestyle!



Eat a variety of foods

Eat more fruits, vegetables & grains

Eat lower fat foods more often

Get your calcium rich foods



Questions about the menu?

Call  
630-458-2457

A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST \$1.20			1	2
5 <i>LABOR DAY</i>	6 Whole Grain & Fruit Pop Tart Chilled Applesauce Graham Crackers	7 Frosted Flakes Cereal 100% Apple Juice Whole Wheat Crackers	8 Iced Cinnamon Breakfast Square Pineapple Tidbits Ritz Crackers	9 String Cheese 100% Apple Juice Cheddar Cheese Goldfish
12 Frosted Flakes Cereal Goldfish Crackers Pineapple Juice	13 Super Donut Graham Crackers Mandarin Oranges	14 Bagel w/Cream Cheese 100% Apple Juice Wheat Crackers	15 Blueberry Muffin Diced Peaches Ritz Crackers	16 Cinnamon Toast Crunch Cereal Cheddar Cheese Crackers 100% Orange Juice
19 Cinnamon Toast Crunch Bar 100% Apple Cherry Juice Ritz Crackers	20 Strawberry Banana Yogurt Chilled Fruit Cup Graham Crackers	21 Bagel w/Cream Cheese 100% Orange Juice Wheat Crackers	22 Blueberry Crunch Cereal Chilled Applesauce Animal Crackers	23 Super Donut 100% Fruit Juice Punch Animal Crackers
26 Whole Grain & Fruit Pop Tart 100% Cherry Juice Animal Crackers	27 String Cheese Diced Peaches Ritz Crackers	28 Banana Loaf 100% Fruit Punch Juice Wheat Cracker	29 Iced Cinnamon Square Bar Mandarin Oranges Goldfish Crackers	30 Super Donut 100% Apple Cherry Juice Wheat Crackers

**PLEASE NOTE**

Menu changes may be necessary. Notice will be given when possible.  
2% White Milk offered daily

\*Contains pork

